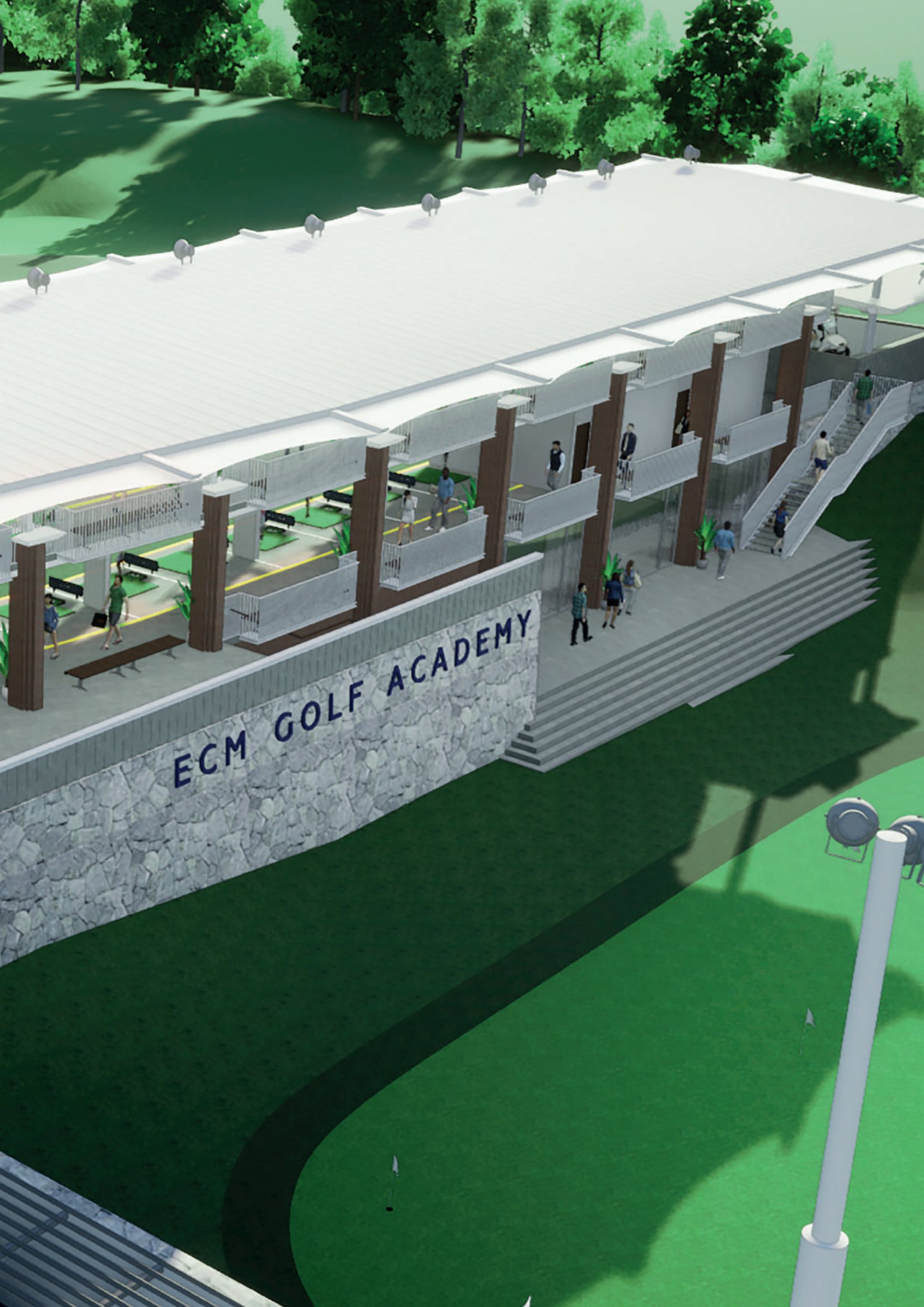


ECM GOLF

ACADEMY



THE ECM GOLF ACADEMY AT EPSOM MALAYSIA



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OUR HEAD COACH

Travis Van Dijk is the appointed Head Coach and General Manager of the ECM Golf Academy. Hailing from South Africa, he has spent more than 17 years focused on the instruction and development of elite junior players. Travis played a pivotal role growing Malaysia's Sime Darby LPGA (SDLPGA) Development Programme and MST Golf at the KLGCC Academy, one of the largest and most advanced golf academies in the region. He has been recognised as one of the top 3 "Best Golf Coaches in Asia Pacific" by the Asian Awards and the "Best International PGA Professional" by PGA South Africa in 2015 and 2022, respectively.

"I look forward to guiding Epsom students to become the best players they can be. The ECM Golf Academy at Epsom College in Malaysia provides the perfect training ecosystem for youth players. With our holistic approach to golf performance, **I foresee many great junior champions coming through the ECM Golf Academy**".

TRAVIS VAN DIJK
THE HEAD COACH



ECM GOLF ACADEMY FLAGSHIP PROGRAMME

The ECM Golf Academy Flagship Programme at Epsom College in Malaysia is a unique combination of professional golf training and world-class academics, providing aspiring student-athletes with a comprehensive training plan designed to achieve maximum progress in a short period of time. Participants will follow the English National Curriculum together with their peers at Epsom and enjoy the full British boarding school experience. Alongside technical skill improvement, the Programme places strong emphasis on character development - fostering traits such as perseverance, accountability and integrity - that will benefit participants long after they leave school.

The Programme focuses on providing the tools and resources required to help young, passionate golfers realise their full potential while achieving peak physical and mental performance. The holistic training philosophy at the ECM Golf Academy covers all aspects of the game, from technical skills development, specialist shot-making, short game and putting to mental conditioning, fitness and strategy.



GOLF PROGRAMMES

FLAGSHIP + PROGRAMME

Up to 15 hours of instruction per week

- Five (5) days per week
- 3 hrs each day
- On-course training twice per week
- Weekday training

Recommended for:

- Student-athlete who wants to dedicate their full time to elite golf training.

Age guidance:
Year 6 to 13

FLAGSHIP PROGRAMME

Up to 9 hours of instruction per week

- Three (3) days per week
- 3 hrs each day
- On-course training once every two weeks
- Weekday training

Recommended for:

- Student-athlete with limited time in their weekly schedule.
- Fundamental students requiring on-course training.

Age guidance:
Year 5 to 13

FUNDAMENTAL PROGRAMME

Up to 3 hours of instruction per week

- Two (2) days per week
- 90 minutes each day
- No on-course training
- Weekday training

Recommended for:

- Beginner students
- Students with very limited time in their weekly schedule.

Age guidance:
Year 3 to 13

Note :

- All Programmes include Technical training, the focus on Mental, Fitness and Strategy training increases with the Flagship and Flagship+ Programmes.
- All Programmes may be supplemented with Private Lessons.
- Students must bring their own golf equipment.

WEEKLY TRAINING SCHEDULE FOR THE FLAGSHIP+ PROGRAMME

ECM Golf Academy training schedule includes up to 15 hours of training per week. Training hours will vary based on the individual student's workload ability and other factors such as stamina, any injuries, and their school schedule. The student athletes' well-being is our prime concern. Training takes place after school classes from 4.30pm onward.

All session conducted and supervised by the ECM Golf coaches.

Please see the possible training schedule below:

MONDAY 4.30-7.30pm	Warm Up & Tee Off at Kota Seriemas GCC
TUESDAY 4.30-7.30pm	Warm Up & Tee Off at Kota Seriemas GCC
WEDNESDAY 4.30-7.30pm	Performance Review Improvement areas identified, targeted practice & drills OR Warm Up & Tee Off at Kota Seriemas for correction work
THURSDAY 4.30-7.30pm	Training & Practice based on improvement areas.
FRIDAY 4.30-7.30pm	Training & Practice based on improvement areas. End of week performance assessment + weekly goal setting & practice plan adjustment.

STUDENT'S PERSONALISED PRACTICE PLAN

The ECM Golf Academy uses various methods and technology to identify areas of improvement in each student's game. These areas could fall under Technical, Mental, Physical, Shot Making, or Strategy. Based on our findings and observations we can personalise the student's practice plan. The practice plan will change from time to time to ensure the time spent practising is producing results.



CHARACTER BUILDING

The ECM Golf Academy places a strong emphasis on character development, which includes fostering traits such as a strong work ethic, punctuality, responsibility, perseverance, and a willingness to learn. These important character traits contribute to the success of our student athletes.

GOLF CAMPS

Our holiday camps are built around the same philosophy as our full-time Flagship programme. Juniors get to experience holistic training methods covering Swing Technique / Shot-making, Short Game & Putting, Skills Development, Mental Conditioning, Golf Fitness & Strategy.

Our camps offer everything a junior golfer needs to take their game to the next level. Students get exposure to the same technology, assessments, drills, and training aids used in the flagship programme.

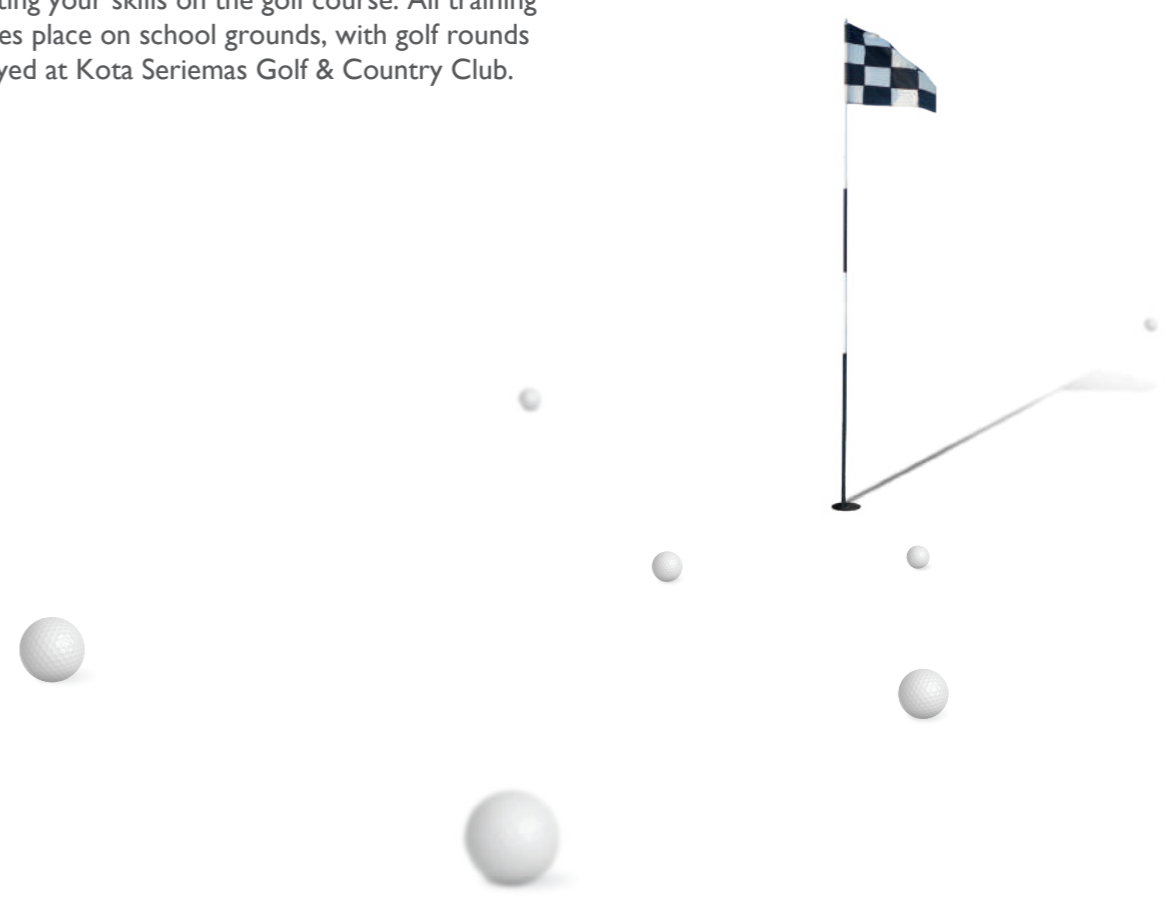
The week-long experience focuses on teaching the necessary tools for each student to continue their improvement after they have returned home.

The start of the camps is geared towards identifying areas for improvement. Each student is given the necessary assessment, diagnosis, and steps to follow to make corrections in whichever area it's needed. The end of the camp is geared toward testing your skills on the golf course. All training takes place on school grounds, with golf rounds played at Kota Seriemas Golf & Country Club.



Our training facility, located within the school grounds, includes all that's needed to enjoy an effective week of training. A large short game area with putting and chipping greens, greenside bunkers, a wedge training target system, a grass and synthetic turf hitting area, a fairway bunker, and an "uneven lie" hitting station. Together with our coaching technology which includes video capture, launch monitors and pressure plates, junior golfers have access to the latest and best tools to help guide them to better scores.

Although the camps are golf performance-focused, the juniors enjoy other activities to break up the golf training mindset. We include night time activities, a fun excursion, and some mixed sports to keep the students engaged.



READY TO THRIVE AND LEAD IN A CHANGING WORLD

At Epsom, our job is not only to get our students to the finish line, but also to prepare our students to be well-rounded, resourceful, culturally and emotional intelligent individuals ready to thrive and lead in a changing world.

MATTHEW BROWN
HEADMASTER

ACADEMICS OVERVIEW

Epsom is one of the few educational institutions that provides a true British education, which is what we wanted for our sons. It has been a fantastic journey for us - the children see school as an adventure and they enjoy it everyday. They are excelling in their academics and growing profoundly as individuals.

KAMRUL CHOUDHURY
PARENT OF TWO EPSOM STUDENTS

63% of all grades obtained in 2022 were A* - A grades



Successful placement of students in top global universities like Stanford, LSE, and Cambridge.

The ECM Golf Academy Programme at Epsom Malaysia gives students equal exposure to high-level golf and academics. The academic curriculum captures the following:

- English National Curriculum
- 24/7 open door policy for academic and pastoral support
- Small class sizes
- Bespoke university admissions programme
- Specialist transition classes and support for IBDP and EAL students
- 60-90 minutes of teacher-supported daily independent study
- Additional optional study sessions on Saturdays
- Holiday revision programmes
- SAT testing centre

ACADEMICS

TAILOR-MADE FOR OPTIMUM PERFORMANCE

KEY STAGE 3

11-14 YEARS

Foundational study to prepare students before commencing their IGCSE courses in Year 10

English, Mathematics, Science, Humanities, Computer Science, Art, Drama, Modern Foreign Languages - French, Spanish, Mandarin, Malay

KEY STAGE 4

14-16 YEARS

In Years 10 and 11, students work towards their IGCSE qualifications. These are highly regarded courses designed and accredited by UK examination boards.

Core IGCSE Subjects

English language, Mathematics, Biology, Chemistry, Physics

IGCSE Options

Business, History, Geography, Sport, Computer Science, Art and Design, Drama, Modern Foreign Languages - French, Spanish, Mandarin, Malay

Other IGCSE Courses

English Literature, Additional Mathematics

KEY STAGE 5

POST-16 STUDY

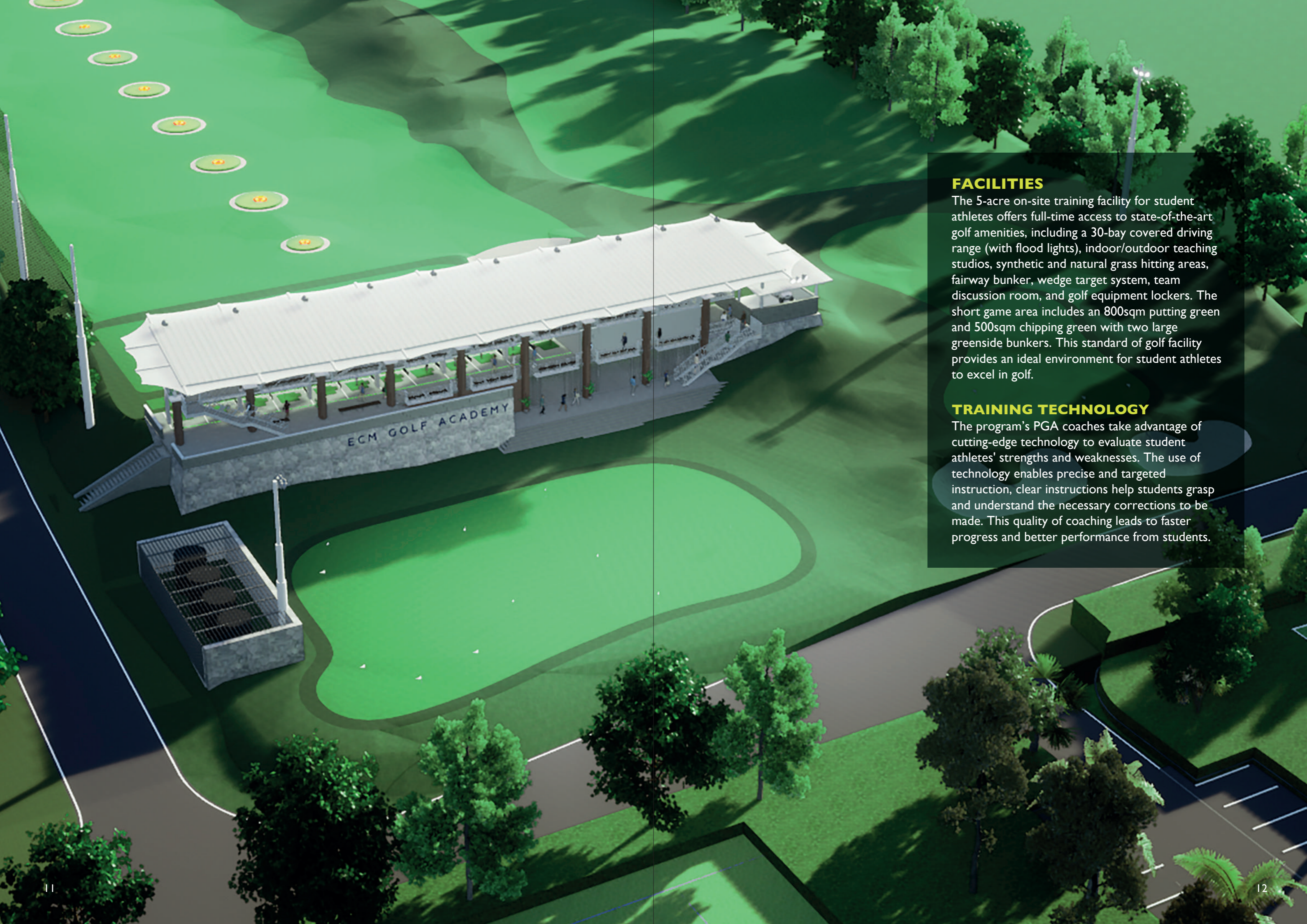
In Years 12 and 13, students focus on 3 or 4 Advanced Level courses. These qualifications are recognised and valued by all international universities. Many of our students have gained admissions to top universities such as Cambridge, Stanford, Imperial, and the LSE, to name a few.

A-Levels

English Literature, Mathematics, Further Mathematics, Biology, Chemistry, Physics, Business, Economics, History, Politics, Geography, Computer Science, Art and Design, Drama, Modern Foreign Languages - French, Spanish, Mandarin, Malay

ASSESSMENT & GRADING

- Oral and Written Examinations
- Regular in-class, oral and written tests/quizzes
- Trial IGCSE Examinations in Term 2 of Year 11
- Trial A-Level Examinations in Term 2 of Year 13



FACILITIES

The 5-acre on-site training facility for student athletes offers full-time access to state-of-the-art golf amenities, including a 30-bay covered driving range (with flood lights), indoor/outdoor teaching studios, synthetic and natural grass hitting areas, fairway bunker, wedge target system, team discussion room, and golf equipment lockers. The short game area includes an 800sqm putting green and 500sqm chipping green with two large greenside bunkers. This standard of golf facility provides an ideal environment for student athletes to excel in golf.

TRAINING TECHNOLOGY

The program's PGA coaches take advantage of cutting-edge technology to evaluate student athletes' strengths and weaknesses. The use of technology enables precise and targeted instruction, clear instructions help students grasp and understand the necessary corrections to be made. This quality of coaching leads to faster progress and better performance from students.



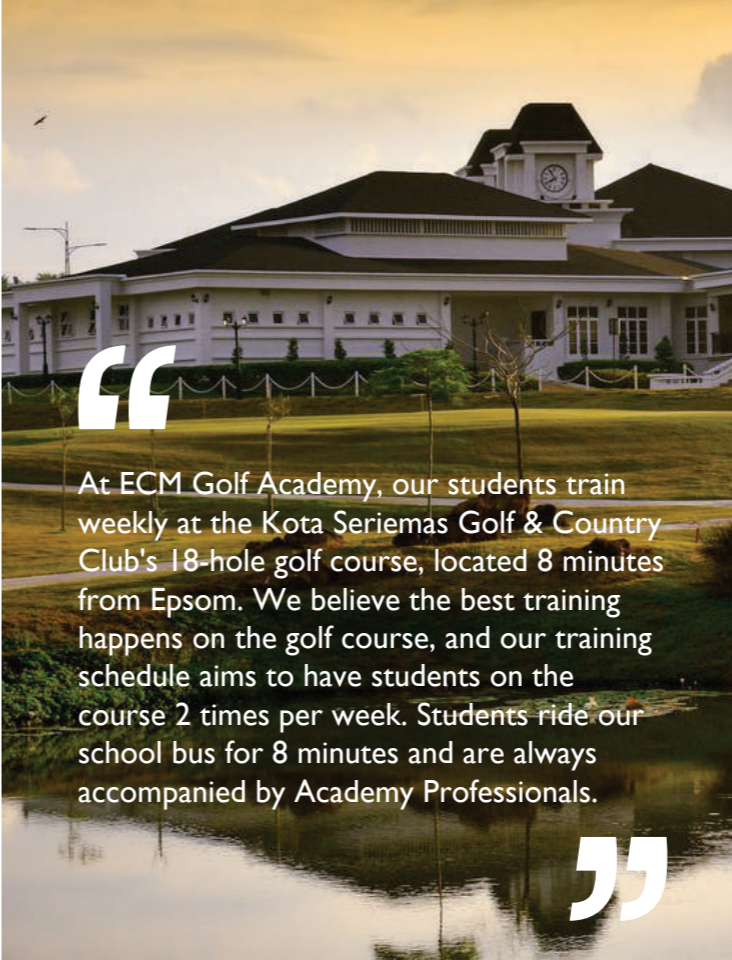
GOLF PRACTICE AT ECM GOLF ACADEMY FACILITIES

- Practice every possible putt on our 800sqm putting green which includes 0%, 1%, 2%, 3%, 4% slopes.
- Trackman putting lessons to correct any technical error in the putting stroke.
- Long & short chip shot options from fairway & rough lies
- Pitching to a large 500 sqm chipping green with easy & challenging pin placements.
- Bunker practice in our two large greenside bunkers with varying depths.
- Practice ball above, ball below, uphill & downhill shots on the odd lie hitting station.
- Ingrain pure strikes from the fairway bunker.
- Work in the gym to improve flexibility, strength & fitness levels.
- Training to increase swing & ball speed.
- Enjoy a large library of Academy training aids to keep practice focussed & targeted.
- Spending time on the launch monitors and pressure plates to perfect impact factors & ball flight.
- Using video capture to improve specific key swing positions.
- Mental game conditioning sessions using the Focus band to learn a quiet mind when executing shots.
- Practice every distance possible with our specialized wedge target system.
- Enjoy interesting team briefing & discussion sessions in the Academy discussion room.

GOLF COURSE

18 HOLES GOLF COURSE KOTA SERIEMAS GOLF & COUNTRY CLUB

- ★ CLUB HOUSE
- HALFWAY HUT
- TREE
- POND
- ROAD
- BUGGY TRACK
- BRIDGE



At ECM Golf Academy, our students train weekly at the Kota Seriemas Golf & Country Club's 18-hole golf course, located 8 minutes from Epsom. We believe the best training happens on the golf course, and our training schedule aims to have students on the course 2 times per week. Students ride our school bus for 8 minutes and are always accompanied by Academy Professionals.

Golf Course Training Sessions at Kota Seriemas Golf Club includes some of the following:

- Effective warm-up
- Technical execution
- Game planning
- Shot selection
- Pre-shot routine / Post shot routine
- Rules situations
- Weekly competitions with varying formats
- Course strategy
- Course management
- Stats collection & interpretation
- Mental preparation & composure
- Maintaining focus
- Specialist shot making
- On course diet & hydration

50 ACRES OF WORLD-CLASS FACILITIES

- Prep & Senior Classrooms
- Library
- Science Labs
- 4G Astroturf Football Pitch
- Design & Technology Workshop
- Music Rooms
- Sixth-form Grayling Centre
- Boarding Houses
- Dining Hall
- Theatre
- Hockey Pitch
- Cricket Pitch
- Rugby Pitch
- Art Hall

WE ARE HERE



GOLF AMENITIES

- 30-bay Covered Driving Range (with flood lights)
- Indoor/outdoor Teaching Studios
- Synthetic and Natural Grass Hitting Areas
- Fairway Bunker
- Wedge Target System
- Team Discussion Room
- Golf Equipment Lockers

DR. STEPHEN FERNANDES SPORTS CENTRE

- Swimming Pool
- Badminton Courts
- Basketball Court
- Volleyball Court
- Squash Courts
- Gym

TENNIS COMPLEX

- 7x ITF Standard Outdoor Courts
- 2x Standard Indoor Clay Courts
- 2x ITF Standard Hardcourts
- Physio and Conditioning Facilities

PASTORAL CARE

WELCOME HOME



At Epsom Malaysia, we are an international community whose strength lies in the emphasis it places on discipline, tolerance and the understanding of one another. Teachers and support staff in both the Prep and Senior School develop a personal care for, and interest in, individual pupils; to draw out their passions and interests, to ensure their time at the School is rewarding. The wellbeing and safety of all our pupils is paramount.

Our pastoral care is primarily rooted in the House system, which provides the much-needed guidance and support for each child. All Senior School students are a member of a Boarding House which becomes a second family; a tight knit community of young people who learn and develop together; sharing moments and forging memories of their life as an Epsom pupil.



We want young people to join us full of potential and to leave us successful and fulfilled, with a sense of connection to a supportive, nurturing community.

Epsom is fortunate to have over 90% of staff living on site with their own families. This adds a unique quality to the life of the School, which at times feels like an extended family.

The ECM Golf Academy Programme at Epsom Malaysia gives students equal exposure to high-level golf and academics. The academic curriculum captures the following:

BOARDING HOUSE FEATURES

- 1-4 students per room
- Security cameras
- Game room
- TV and cinema room
- Study room and media center
- 76 rooms all equipped with bathrooms, air conditioning and wifi

STAFF

- 1 governess
- On-site school counsellor
- Team of 20 trained professionals

MEDICAL

- Allocated sanatorium
- 1 medical room
- 24/7 on-site school nurse



Contact us:

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